

MOTHER OF GOOD COUNSEL MENU TERM 1 2022

How to Order

REGISTER WITH FLEXISCHOOLS FOR AN EASY WAY TO ORDER

www.flexischools.com.au

OR WRITE ON A PAPER BAG AND PLACE IN

Tuckshop TUB before **8.30am**.

Use separate bags for each break.

MAIN MEALS 1ST BREAK ONLY

WEDNESDAY

SUSHI – CHICKEN SALAD -TUNA
CUCUMBER –MAYO
\$3 FOR ONE OR TWO FOR \$5

THURSDAY– BACON,TOMATO &
MOZZERELLA PENNE
\$ 5 EACH

FRIDAY

CRUMBED CHICKEN BURGER
\$ 5 EACH

1ST AND 2ND BREAK

SANDWICHES

VEGEMITE	\$2.00
CHEESE	\$2.00
VEGEMITE/CHEESE	\$2.50
EGG,MAYO,LETTUCE	\$3.00
HAM/CHICKEN/CHEESE	\$3.00

ADD CHEESE OR SALAD \$0.50

TOASTED AVAILABLE ADD \$0.50

HOMEMADE SAUSAGE ROLL	\$3.50
PORTION TOMATO SAUCE	\$0.20

SALAD /DRESSING

GARDEN SALAD	\$4.00
Lettuce, Tomato, Cucumber, Carrot	
ADD CHEESE,EGG,HAM	\$1.50
CHICKEN	\$2.00

FOR A FULL LIST OF MENU ITEMS
PLEASE CHECK FLEXISCHOOLS

**Now open 4 days
Tuesday to Friday**

SNACKS

POPCORN.....	\$1.00
\GRAINWAVES.....	\$1.00
HOMEMADE	
(Muffin or biscuit).....	\$1.50
GLUTEN FREE MUFFIN.....	\$2.00
PRETZELS.....	\$1.00

Fruit

APPLE SLINKY.....	\$1.00
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DRINKS

MILK IN A CUP.....	\$0.50
WATER 600M.....	\$1.50
APPLE OR ORANGE JUICE.....	\$2.00
CHOCOLATE MILK.....	\$2.50
FROZEN JUICE OR MILO.....	\$0.50
SLUSHIE 100% FRUIT.....	\$2.50

**WE OFFER A FRESH , HEALTHY
NUTRITIOUS MENU MAKING
EVRYTHING ON THE DAY**

MOGC Make Outstandingly Good Choices